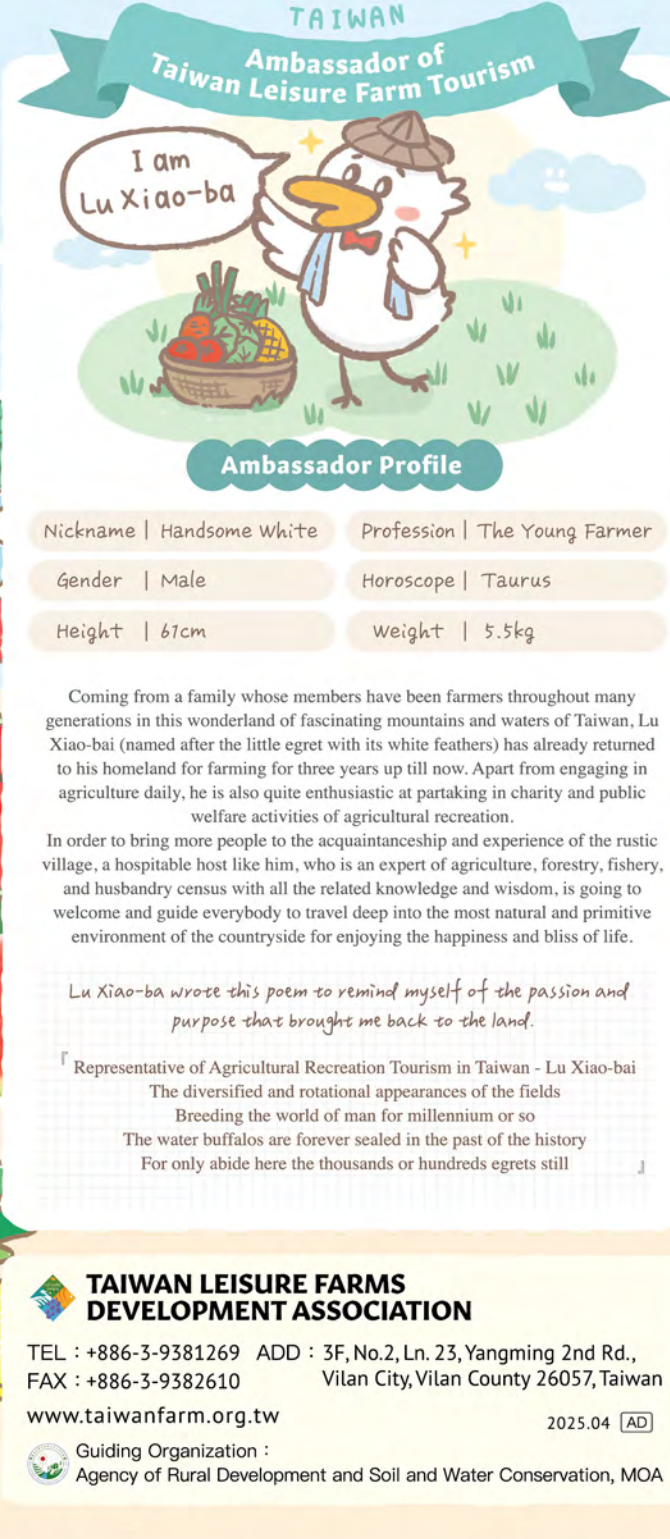
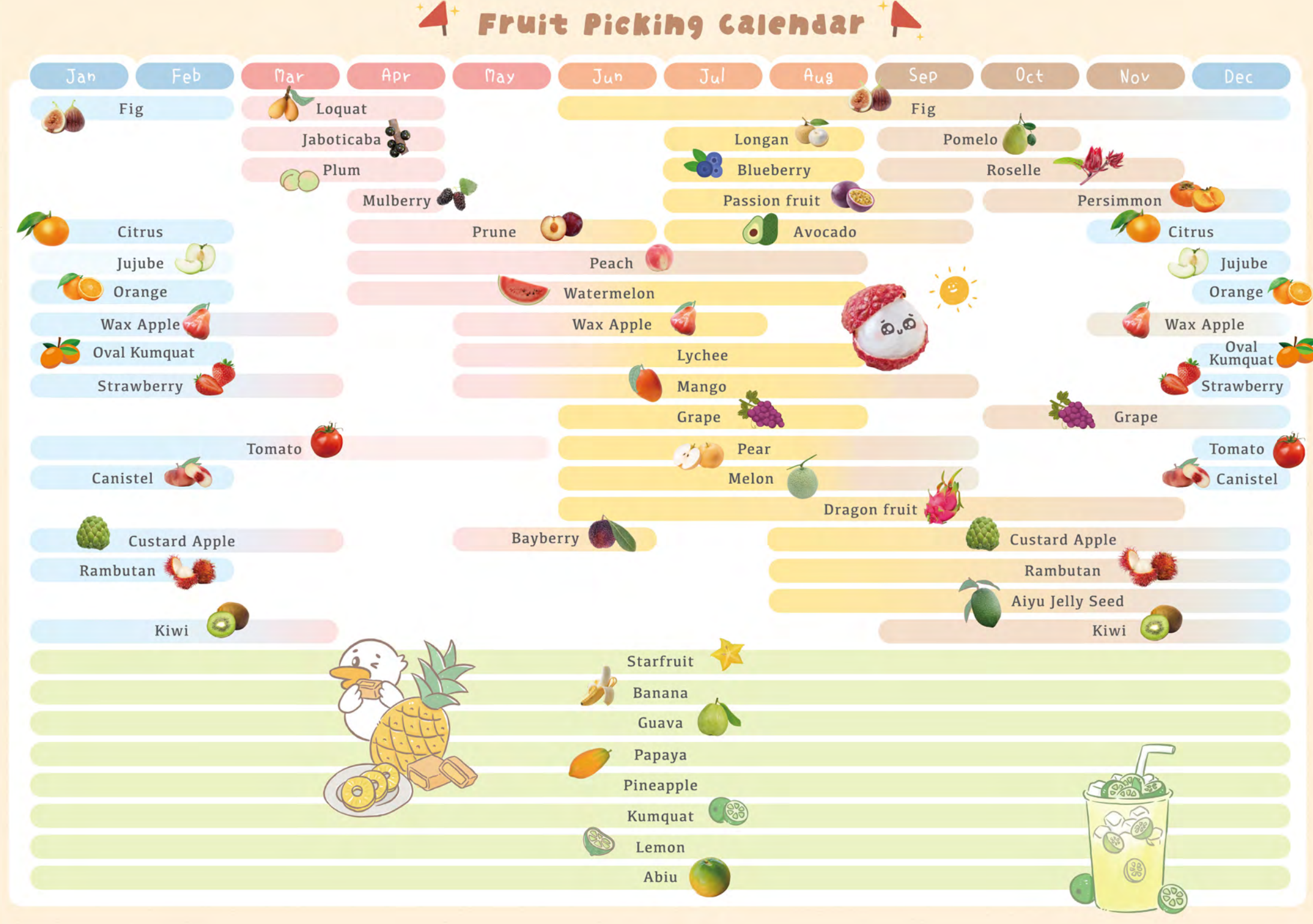




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1 Loquat

Season: March - April

The loquat season in Taiwan is brief. Varieties are categorized into red-fleshed and white-fleshed types. Among them, the white-fleshed loquats are known for their superior taste, possessing delicate, juicy, and sweet flesh. They are rich in sugars, malic acid, vitamin A and C, citric acid, phosphorus, potassium, and more. Loquat leaves have a neutral taste and a bitter flavor, offering benefits such as clearing the lungs, easing coughs, and protecting the throat. They are also one of the main ingredients in loquat syrup.

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+886-3-589077
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Rosa Quality Farm
+886-933-370551 / +886-921-803102
No. 528, Sec. 4, Dongguan Rd., Dongshi Dist., Taichung City

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For groups of 10 people, please call:
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For groups of 10 or more, please call:
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No. 29-3, Luming Bridge, Dongshan Township, Taitung County

Shihne Garden
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Vinegar
I can take many forms.

Mulberry

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No. 88, Linmei 1st Rd., Yilan City, Yilan County

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No. 6, Neighborhood 9, Qiangmuyan, Lili Vli., Dahu Township, Miaoli County

Mama Zhang Leisure Farm
+886-7-6564569 / +886-917-169926
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Pomelo

Season: September - October

Taiwan grows 14 pomelo varieties, with Taiwan's "Malao Wokan" being the most famous. Pomelo contains insulin-like compounds that lower blood sugar, making it ideal for diabetics and those with obesity. It also contains naringin, which reduces blood viscosity and prevents thrombosis and strokes. Wokan pomelo features thin skin and soft, juicy flesh with a unique sweet and tangy aroma.

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Mu Ri Guang Pomelo Farm
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No. 121, N. 1st Rd., Ruisui Township, Hualien County

Dragon fruit

Season: June - December

Dragon fruit, often hailed as the "body fruit", has a striking oval shape with bright red skin and weighs between 500 and 1200 grams. It offers a mild sweetness with a subtle fragrance. Rich in fiber, carotene, vitamin B1, B2, B6, B12, C, and calcium, Taiwan primarily grows two types: red-skinned with white flesh and red-skinned with purplish-red flesh.

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No. 302, Renhe 5th Rd., Sansing Township, Yilan County

S. Garden Leisure Farm
+886-2-27951108
No. 38-2, Bishan Rd., Neihu Dist., Taipei City

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No. 6, Neighborhood 9, Qiangmuyan, Lili Vli., Dahu Township, Miaoli County

Shu Zai Yi Fong Leisure Farm
+886-987-382916 / +886-920-210383
No. 396, Sec. 3, Donggi Rd., Dongshi Dist., Taichung City

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+886-4-26832311205
No. 8, Shoutou 2nd Rd., Waipu Dist., Taichung City

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No. 422, Sec. 2, Douyuan Rd., Erlin Township, Changhua County

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+886-49-2997848
No. 176, Sec. 4, Zhongshan Rd., Puli Township, Nantou County

JTM-Safari
+886-4-382-6302
No. 3, Zhenzhu Mountain, Fuxing Dist., Taoyuan City

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+886-8-3714221 / +886-928-700686
No. 85-13, Dalun Vli., Shuishang Township, Chiayi County

Riverside Tomato Garden
+886-7-15713
No. 15-1, Ln. 15, Fu'an St., Meinong Dist., Kaohsiung City

Jang Yun Century Leisure Farm
+886-8-7789517
No. 59, Ln. 160, Zhuei St., Wandan Township, Pingtung County

Tomato

Season: December - April (Following year)

Taiwan produces nearly 30 tomato varieties year-round, including black pericon, cherry tomato, Golden Boy, Jade Girl, and cherry tomatoes. Taiwanese tomatoes are thick-skinned, juicy, and sweet, rich in lycopene, β-carotene, and vitamin A and C, making them a beloved, nutritious fruit.

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